

Menu subject to change. For any questions or comments please contact us directly at [menu@luncherasdisi.com](mailto:menu@luncherasdisi.com)

Monday	Tuesday	Wednesday	Thursday	Friday
07/01/2024 Mini French Toast Cinnamon Crunch (V) Maple Syrup (ss) Fresh Apples Choice of Milk	07/02/2024 Yoplait Yogurt & Granola (V) Strawberry Smoothie Choice of Milk	07/03/2024 WG English Muffin w/ Egg Patty & Cheese (V) English Muffin & Tofu Scramble (VG) Bananas Choice of Milk	07/04/2024 NO SCHOOL TODAY	07/05/2024 WG Blueberry Muffin (V) Fresh Pears Choice of Milk
07/08/2024 WG Bagel (V/VG) w/ Cream Cheese & Jelly Fresh Pears Choice of Milk	07/09/2024 Turkey Patty & WG Biscuit Veggie Patty & Biscuit -V Blueberry Smoothie Choice of Milk	07/10/2024 WW Sweet Potato Muffin (V) Bananas Choice of Milk	07/11/2024 WW Taco Breakfast incl. (Egg, Cheese &Tkey Bacon) Taco Bk. w/Tofu,Vegan Ch. & Veggie Crumbles (V/VG) Fruit Punch Juice Choice of Milk	07/12/2024 Cereal WG Cheerios (V/VG) Yoplait Yogurt Fresh Apples Choice of Milk
07/15/2024 WG Croissant w/ American Cheese(V) Fresh Apples Choice of Milk	07/16/2024 WG Pancakes & Turkey Sausage on a Stick** WG Pancakes & Tk.Patty* Veggie Patty & WG Pancakes (V) Fruit Punch Juice Choice of Milk	07/17/2024 Cinnamon Soft Round Granola Bar (V) Fresh Pears Choice of Milk	07/18/2024 Homemade WW Sweet Potatoes Waffles (V/VG) Syrup Maple (ss) Fresh Tangerines Choice of Milk	07/19/2024 Baked French Toast WW Muffin (V) Bananas Choice of Milk
07/22/2024 NO SCHOOL TODAY	07/23/2024 NO SCHOOL TODAY	07/24/2024 NO SCHOOL TODAY	07/25/2024 NO SCHOOL TODAY	07/26/2024 NO SCHOOL TODAY
07/29/2024 NO SCHOOL TODAY	07/30/2024 NO SCHOOL TODAY	07/31/2024 NO SCHOOL TODAY	08/01/2024 NO SCHOOL TODAY	08/02/2024 NO SCHOOL TODAY

\* Denotes meal only for PreK. Prek 3/4 servings must include 6 oz of milk, 1/2 serving of grain and 1/2 cup of fruit or vegetables. PreK will always have sliced or finely chopped fruits.

\*\* Denotes meal only for K to 8th (not PreK)

**Locally Grown Components Daily Served:** According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (MD/PA/WV), Sweet Potato (NC).

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (Upon request).

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

