

Menu subject to change. For any questions or comments please contact us directly.

Monday	Tuesday	Wednesday	Thursday	Friday
07/01/2024 Chili Flavor Turkey Tomato Macaroni Chili Flavor Meatless Tomato Macaroni Fresh Nectarines Choice of Milk	07/02/2024 NO LUNCH	07/03/2024 WW Turkey Tacos AI Pastor WW Veggie Tacos AI Pastor (V/VG) Black Beans, Corn & Tomato Salad Sour Cream (ss) Fruit Punch Juice Choice of Milk	07/04/2024 NO SCHOOL TODAY	07/05/2024 NO LUNCH
07/08/2024 Tomato N' Cheese Pasta(V) Cranberry Dried(ss)** Apples Choice of Milk	07/09/2024 NO LUNCH	07/10/2024 WW Chicken Fajitas Ck. Meatless Fajita(V/VG) Corn Pico de Gallo Sour Cream (ss) Fresh Pears Choice of Milk	07/11/2024 NO LUNCH	07/12/2024 NO LUNCH
07/15/2024 NO LUNCH	07/16/2024 NO LUNCH	07/17/2024 NO LUNCH	07/18/2024 NO LUNCH	07/19/2024 NO LUNCH
07/22/2024 NO SCHOOL TODAY	07/23/2024 NO SCHOOL TODAY	07/24/2024 NO SCHOOL TODAY	07/25/2024 NO SCHOOL TODAY	07/26/2024 NO SCHOOL TODAY
07/29/2024 NO SCHOOL TODAY	07/30/2024 NO SCHOOL TODAY	07/31/2024 NO SCHOOL TODAY		

**Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request)**

**ALL MEALS INCLUDE: 1 cup of FRESH FRUIT or 100% Juice & 1 cup of vegetables daily**

**Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (MD/PA/VA), Watermelon (DE), Sweet Potatoes (NC), Broccoli (MD/PA/DE), Kale (MD/NC), Tomato (DE/MD), Onions (VA/ MD), Potatoes (VA/DE/MD), Cabbage (NC,PA/VA, Green Beans (VA/DE), Cucumbers (VA/MD/PA/NC), Spinach (NJ/MD), Cauliflower (MD/PA).**

**\*Vegetarian (V) options available daily. Dairy - Free (DF), Gluten Free (GF), Vegan (VG) - Available Upon Request**

**WG = Whole Grain WW = Whole Wheat**

**Please reach out to us if you have questions or comments at [menu@luncherasdisi.com](mailto:menu@luncherasdisi.com)**